

California Avocado Association 1917 Annual Report 3: 104

AVOCADO TEA RECIPE

The members of the Association that had the pleasure of testing the avocado tea served by Mrs. G. W. Beck at the last meeting will be interested in the following letter:

La Habra California, R. R. 1, Box 52

November 1, 1917.

Dr. H. J. Webber,

Citrus Experiment Station, Riverside, California.

Dear Sir:

The following is the formula as used by us for the making of avocado tea:

Take the *matured* leaves of the Northrop avocado tree, wash thoroughly, wrap in mosquito netting, and hang in shade to dry. (It takes at least two weeks to dry them.)

For the tea take 25 grains of the dry leaves to a quart of water, pour the boiling water on the leaves and let stand five minutes; then it is ready to drink by adding a little sugar. The tea should be a light amber color.

Yours respectfully,

(Signed) MRS. G. W. BECK.