CONTROL OF PHYTOPHTHORA CINNAMOMI ROOT ROT OF AVOCADO

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Introduction
Avocado root rot was first observed by Hodgson in Los Angeles County in 1920 and was observed a year later in San Diego County. This “avocado decline” as it was known was thought to be caused by excessive rain or overwatering. It was so closely tied to wet conditions that the disease was called “melanorhiza” or black root for more than 20 years. The disease causing fungus Phytophthora cinnamomi was first isolated in 1942 by Wagner. Further studies by Horne, Klotz and Rounds and by Zentmyer firmly established the causal agent of the disease to be Phytophthora cinnamomi. They called the disease avocado root rot. The disease was spread rapidly throughout the avocado growing area in Southern California largely by the movement of infected nursery stock. Today, Phytophthora cinnamomi, is still the limiting factor in avocado production in California. It attacks all varieties of avocado by rotting the feeder roots, which can result in death of the tree. In California it has been estimated to affect between 60 and 75% of the orchards and it caused an annual loss of approximately $44 million in 1989. Although the disease has been studied for more than 60 years, definitive control measures have not been found and losses continue to mount. However, many control strategies have been discovered which will reduce the impact of avocado root rot. When all of these control measures are packaged into a single strategy called the “integrated management of avocado root rot”; they allow the continued economical production of avocados in the presence of P. cinnamomi. The following is an attempt to enumerate the various components of the “integrated management of avocado root rot”.

Clean nursery practices
The best control for avocado root rot is to prevent introduction of the fungus into the orchard. The fungus can be readily transmitted in balled or container grown trees. It can also be spread via infected seed that has been gathered from the ground. Clean nursery practices, which will prevent avocado root rot from infesting nursery stock, include heat treatment of seeds, fumigation or heat treatment of soil used to grow the avocado nursery plants, use of clean water and good sanitation. Sanitation is the single most important tool for preventing avocado root rot in the nursery. Nurseries should be fenced and protected from excessive human and animal traffic. Phytophthora is frequently tracked into the nurseries in soil or mud. Many nurseries place boxes of copper sulfate at their entrance and ask all workers and visitors to dust their shoes with this material before entering. Vehicles must pass through a shallow, chlorinated or copper sulfate-treated water bath before entering the premises. Vehicles should be washed and disinfested as necessary, especially if they have been in Phytophthora-infested avocado groves. These precautions not only serve to protect the nursery from unwanted Phytophthora introduction, but they also create a psychological mind-set among workers that bringing avocado soil into the nursery is unacceptable. Vigorous monitoring for Phytophthora in seedbeds or nurseries should be practiced. Avocados contaminated with Phytophthora in the seedbed, nursery or containers must be destroyed, since Phytophthora often spreads rapidly through a nursery if left
unchecked. Although fungicides, which are effective in the control of avocado root rot, are available, neither phosphorous acid nor metalaxyl will kill 100% of the *Phytophthora* propagules. Some *Phytophthora* will survive these fungicide treatments and will be spread from the nursery to a grower’s field. Because many nurserymen repeatedly treat nursery stock with fungicides, resistant *Phytophthora* isolates may appear. The spread of resistant isolates of *P. cinnamomi* would be disastrous to the avocado industry. If sanitation is practiced correctly, the use of fungicides in avocado nurseries should be unnecessary.

**Site selection and preparation**

Soil with poor drainage, high clay content, high water tables, hard pans, clay pans or where water pools after irrigation or rainfall have historically been associated with sites where avocado root rot is severe. Soil with high hazard for avocado root rot or soils, which already have *P. cinnamomi* present, should be avoided when planting an avocado orchard. Soils with high salinity levels should also be avoided since, not only does salinity weaken avocado growth and yields, but also salinity severely exacerbates avocado root rot. Alternative crops such as citrus would be a better choice for planting under these conditions. For soils with moderate hazard, soil preparation prior to planting may pay huge dividends in the future. Soils with impervious subsoil layers may be improved by deep ripping and inserting subsurface tile drains. On sloped land, the construction of interception and diversion drainage canals or water-tight drain pipes which drain rain water away from the orchard may prevent the introduction of *P. cinnamomi*. In heavy clay soils, planting trees on soil mounds (1-1.5 M in diameter and 0.5 to 1 M high) or ridges has been shown to increase survival and improve growth of avocado in California by as much as much as 1800% during the first three years in *P. cinnamomi*-infested soil. Mounding breaks up the soil and provides a well-drained soil for young trees to become established before they encounter the more hazardous surrounding soil. Soil solarization, which consists of heating the soil to above 45 C with clear polyethylene sheets that have been placed on the soil surface to trap the sun’s radiant energy, has been found to be effective for reducing *Phytophthora* inoculum following tree removal in infested soil in Israel. This method is particularly effective where summers are hot and most days are cloudless. Fumigation of infested soil and replanting is not recommended because complete eradication of *P. cinnamomi* from soil once it has been infested is extremely difficult. Often *P. cinnamomi* reinvades fumigated soil and the avocado root rot becomes worse than during the initial infestation because the soil microbial community and competing microorganisms have been reduced by the fumigation.

**Grove sanitation**

Excluding *P. cinnamomi* from a clean avocado grove is the most economical method of controlling the disease. Groves should be fenced to protect them from human and animal traffic. All soil or water should be prevented from movement from diseased groves into healthy ones. The fungus is readily moved from grove to grove in moist soil on cultivation equipment, trucks, cars, shovels, soil augers, picking bins, shoes, etc. Boxes of copper sulfate may be placed at the property entrance and all workers and visitors asked to dust their shoes with this material before entering. Shallow, chlorinated or copper sulfate-treated water baths may also be placed at the entrance to the property for vehicles to drive through before entering the premises. Equipment such as shovels, augers and tools should be washed and dipped in 70% ethanol or rubbing alcohol. Always use equipment in the healthy groves before using it in a diseased grove. Thoroughly wash and dry equipment after using it in a diseased grove. Remember that *P. cinnamomi* has an extremely wide host range and can attack many other woody plants. Use care when planting ornamental plants into an avocado orchard, since they could be infected with *P. cinnamomi*. If dis-
eased trees exist near healthy trees, a dry barrier of at least two rows of trees should be
established between the diseased and healthy trees. Diversion furrows should be dug to
divert rainwater, which passes through the diseased grove, away from the healthy grove
and also to isolate healthy groves from diseased ones. Fences should be erected separat-
ing diseased and healthy trees. Once isolated, the diseased trees should be removed and
the soil fumigated to reduce the chance of spread from inoculum in the diseased area.
Methyl bromide, Vorlex®, or Vapam® are fumigants that can be used to reduce P. cinnamomi
inoculum in infested soil. Irrigation water must be kept free of P. cinnamomi inoculum.
Water from deep wells is preferred. Water from canals and reservoirs should be

treated with chlorine or copper sulfate to eliminate Phytophthora inoculum.

**Resistant rootstocks**

Resistant rootstocks have the greatest possibility of successfully controlling avocado root
rot in the long run. Several breeding and selection programs around the world have identi-
fied rootstocks with a high degree of tolerance to P. cinnamomi. In order to use resistant
rootstocks, they must be clonally propagated so that they all contain the same genetic iden-
tity, which results in resistance to P. cinnamomi. Heritability of resistance traits in avocado
is generally low, less than 1%. Therefore seedlings produced from seeds gathered from
resistant trees usually show little resistance. In most cases the mechanisms for the resis-
tance are not yet fully understood, although several resistant rootstocks appear to simply
produce new roots faster than susceptible rootstocks in the presence of P. cinnamomi.
None of the rootstocks identified so far is able to withstand infections by P. cinnamomi un-
der hazardous disease conditions. That is why several other methods of control must be
used in conjunction with resistant rootstocks in order to control the disease. Zentmyer dis-
covered Duke 7 and in 1975 it became the first commercial rootstock which was resistant to
P. cinnamomi. It was highly successful, and it is now being used worldwide to combat avo-
cado root rot. Several newer varieties are now available which are even more resistant to
avocado root rot than Duke 7. These include Thomas, D9, Barr Duke and Evstro. These
rootstocks may not perform well under all avocado growing conditions, and some like Tho-
mas may not yield as well as other rootstocks when Phytophthora is not present. However,
it appears that when these rootstocks are used in conjunction with other control methods
the trees will survive and even thrive in the presence of P. cinnamomi. However, with older,
highly susceptible seedling rootstocks such as Topa Topa, spending money on other con-
trol measures only postpones the inevitable death of the trees. Newer, even more resistant
rootstocks are currently being tested and provide hope that one day avocado root rot will be
fully controlled.

**Irrigation management**

It is difficult to manage irrigation of avocado to benefit the avocado and not P. cinnamomi,
because avocado roots are very shallow and sensitive to drying. Tensiometers should be
installed at depths of 15 and 30 cm near the dripline of one or two representative trees.
These should be used as a guide to identify when trees are receiving too much or too little
water. Trees must not be over watered (several days at 0 to –10 cb) or under-watered
(several days at –50 to –70 cb). As little as three days under saturated conditions can pre-
dispose roots to attack by P. cinnamomi. Over-watering or drought conditions apparently
injure the roots, so that root exudates are produced which attract more zoospores of P. cin-
namomi. For correct irrigation growers should vary water applications depending on the
local evapotranspiration demands. In hot, summer weather more water should be sched-
uled; while in cooler, winter conditions less water should be scheduled. Constant moni-
toring of the tensiometers will alert growers to any over- or under-watering. In saline soils pe-
riodic leaching irrigations should be scheduled which will force salt below the root zone,
thus ameliorating the predisposing effect of salt on avocado root rot. Remember that root rot itself results in fewer roots and thus less water uptake. Adding more water to wilting, root-rotted trees will only exacerbate the situation. Use the tensiometers to maintain adequate soil moisture under root-rotted trees, but use care not to over-water.

**Systemic fungicides**
Two fungicides have been very successful at reducing avocado root rot in many areas of the world. Metalaxyl (Ridomil\textsuperscript{R}) is highly soluble, moves readily in soil and is absorbed readily by avocado roots. It may be applied as a granular, a drench or injected into the irrigation water. A single application of metalaxyl will provide 3 months of control. Some resistance to metalaxyl has been found in some *Phytophthora* spp. and rapid soil degradation may occur in some soils, although uptake of the material by roots should occur well before degradation begins. Metalaxyl will kill active *Phytophthora* in the soil, but it is not capable of destroying all the *Phytophthora* inoculum. The other fungicide is fosetyl-Al (Aliette\textsuperscript{R}) or potassium phosphonate that breaks down into the active ingredient phosphorous acid. They appear to be superior to metalaxyl when applied to mature trees in California. This fungicide is translocated both upward and downward in the plant, although the upward movement is much stronger. Fosetyl-Al or potassium phosphonate can be applied as soil drenches, foliar sprays, trunk paints, trunk injections or injected into the irrigation water. All methods are effective if used properly, but local preferences indicate some methods work better than others under certain growing conditions. Foliar sprays require more chemical to be applied and this method may not be practical on steep slopes. Recent developments of highly concentrated sprays, which are sprayed on the trunk or green bark of branches, may prove to be especially efficacious. Soil applications require that roots be available for uptake of the material, so trees in advanced stages of root rot are difficult to rejuvenate using soil applications. Heavy clay soils may also impede the uptake of this material from soil. Trunk paints are more effective for treating trunk lesions, and it is often difficult for enough fungicide to be absorbed through the bark to effectively rejuvenate the roots. Injections are often the best way to rejuvenate root-rotted trees, but there is concern that wood decay organisms may invade the injection holes or that the intense, brown stain in the avocado wood surrounding injection holes may damage the trees. There is little evidence to support either of these concerns. Fosetyl Al should be buffered with potassium hydroxide before it is injected into trees. The correct timing for treatment is during active root growth since the material moves toward areas in the tree with active growth. Since root flushes generally follow foliage flushes, these fungicides should be added when the foliage flush is three-quarters complete. There are generally two root flushes per year; one in the spring and the other in the late summer or fall. Fosetyl-Al has little direct effect on soil populations of *Phytophthora*, but rather it seems to function mainly by increasing the resistance of avocado roots to infection, which indirectly lowers the soil populations of *P. cinnamomi*. A single application of Fosetyl-Al or potassium phosphonate will provide 3 - 4 months of control. For both fungicides, growers should heed label directions because rates, products and methods of application may differ.

**Cultural practices**
To best combat avocado root rot, fertilizer nutrients should be applied so that trees are maintained vigorous and healthy. Use leaf analysis to determine if deficiencies exist. Ammonium nitrogen fertilizers are thought to be less conducive to avocado root rot than nitrate fertilizers. Calcium is a particularly important nutrient that may be utilized in the control of avocado root rot. Applications of calcium as calcium carbonate, calcium nitrate and calcium sulfate have also been shown repeatedly to reduce avocado root rot. Calcium may reduce avocado root rot primarily by acting as a weak fungicide by reducing the size and number of
sporangia produced by P. cinnamomi. It is recommended that applications of between 1500 and 3000 kg/ha of gypsum be made under the tree canopies, depending on the size of the trees. Animal manures are known to reduce populations of P. cinnamomi, probably because they frequently release ammonia, which is very toxic to P. cinnamomi (Tsao and Oster, 1981). However, avocado roots are also very sensitive to ammonia and the damaged roots may even be more susceptible to avocado root rot. Therefore, animal manures should be broadcast sparingly and not used as mulch directly on top of avocado roots. If animal mulches are used they could be spread over other organic mulches with a high C:N ratio. In Mexico, root rotted trees are rejuvenated by piling large quantities of animal manures around trees pruned down to 3 M. The manure is covered with a plastic sheet that provides some heating by solarization. The combination of heat and fumigation with ammonia no doubt kills roots but also kills Phytophthora. When the plastic is removed and the ammonia dissipates the roots grow back into a rich soil, which is apparently suppressive to Phytophthora. Soil pH should be maintained above 6.0, ostensibly to maintain high populations of antagonistic bacteria which may reduce populations of P. cinnamomi.

**Mulches**
The use of mulches to control avocado root rot originated with Broadbent and Baker in Australia. They found that certain Queensland rainforest soils were often free of P. cinnamomi. They attributed this affect to the high microbial populations, high levels of organic matter (> 7%), and high exchangeable magnesium, calcium and nitrogen. They labeled these soils suppressive to P. cinnamomi. They found that a complex scheme called the Ashburner method using bulky, organic mulches such as wheat straw, barley straw or sorghum stubble together with fowl manure and dolomite to encourage breakdown of the mulch simulated the natural suppressiveness of soils. Today the practice has been modified to add only the key ingredients, which are organic mulches and gypsum. High populations of bacteria and actinomycetes, according to Broadbent and Baker or cellulose- and lignin-degrading microorganisms, according to Downer, are naturally stimulated to create the suppressive soils. Downer has shown that enzymes such as cellulase or gluconase are extremely disruptive to the life cycle of P. cinnamomi because its cell wall, unlike that of most other fungi, is composed of cellulose and glucans. He found that cellulases and gluconases are prevalent at high concentrations in organic matter as a result of the breakdown of cellulose and lignin compounds by microorganisms. It is recommended to layer organic matter in the form of yard trimmings, avocado trimmings, corn stubble, sorghum stubble, wheat straw, alfalfa straw and pine bark with a C:N ratio between 25:1 and 100:1 under the canopy at the base of trees in layers 15-30 cm thick. It is important to keep the mulch away from the trunk because animals, which frequent the mulch, may occasionally damage the trunk. Tensiometers should be used to carefully monitor soil moisture under the mulch. Since the mulch reduces water loss, it is easy to over-water mulched trees and thus eliminate much of the beneficial effects that the mulch produces. Avocado roots that proliferate abundantly in the mulch and at the mulch/soil interface are relatively free of P. cinnamomi. Unfortunately the beneficial effects of mulch do not extend very far into the soil, probably because enzymes detrimental to P. cinnamomi which are produced in the mulch are adsorbed and inactivated on soil particles. Therefore roots in the soil below the much are often rotted. However, mulches have provided substantial growth stimulation of up to 43% in some California soils infested with P. cinnamomi.

**Biological control**
Broadbent and Baker maintain that high levels of active microorganisms can reduce avocado root rot. Since then many soil-borne microorganisms such as Myrothecium roridum, Trichoderma harzianum, Epicoccum purpurascens, Catenaria anguillae, Humicola fus-
coatra, Anguillospora pseudolongissma, Hypochytrium catenoides, Myrothecium verrucaria, Streptomyces griseoalbus, Micromonospora carbonacea, Streptomyces violascens and Ceraceomyces tessulatus have been shown to be inhibitory to *P. cinnamomi* via competition, antibiosis or parasitism. Today there are several commercial biocontrol products available with *Trichoderma* or *Gliocladium* as the active biocontrol agent. However, these products are mostly experimental at this time. Evidence indicates these biocontrol microorganisms do not always survive when used in avocado groves. It may be that biocontrol microorganisms, such as these, may add little benefit if mulches with large populations of antagonistic microorganisms are already present. Research is continuing in the search for specific biocontrol microorganisms that target and kill *P. cinnamomi*. Another interesting biocontrol approach is the field production of antagonistic bacteria in field fermentors and their continuous application in irrigation water.